

*Your road to a fit and  
healthy lifestyle begins  
here!*



Customized Weight loss plans

Nutritional counseling with our in

house nutritional counselor,

HCG injections, prescription

medications, prescriptive line of

supplements and vitamins

weekly follow up with medical

professional

Gym affiliations with personal

trainers

maintenance plan

Hours of Operation

MWF 9-5

Tuesday 9-7

Thursday 9-7

Saturday 9-2

Charles W. McCaraher, MD

Medical Director

*Vitality*

*Anti-Aging Center and Med Spa*

419 2nd Street, NW

322-1498

[www.vitalitymedicalspa.com](http://www.vitalitymedicalspa.com)

*Vitality*

*Anti-Aging Center  
and*

*Med Spa*

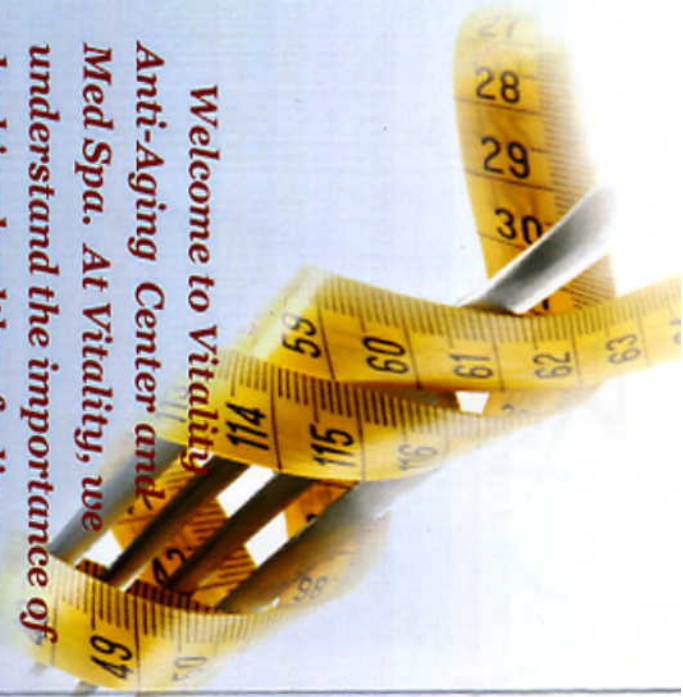
Trading Pounds

For Possibilities!



*Vitality*





*Welcome to Vitality Anti-Aging Center and Med Spa. At Vitality, we understand the importance of looking healthy, feeling healthy, and living healthy. Proper nutrition and weight control play a vital role in one's overall health. As you well know, there is no easy answer for weight reduction and maintenance. We hope through education, support, and your perseverance to help you achieve your goals of permanent weight loss. It is our goal to help you design a diet that is conducive to your tastes and lifestyle.*

*We will be with you every step of the way!*

*As one of this area's first full service anti-aging centers and medical spas, Vitality offers a wide array of medical services and procedures designed to achieve total health. Whether you are receiving a medical exam or one of our luxurious spa treatments, we make sure you are always cared for in a warm and pampering environment. Staffed by licensed professionals with many years of medical experience, we are a Physician operated facility.*

**Costs:**

*Initial Consult and Exam \$100  
this visit includes the costs of injections, prescription medications, and all materials needed for your first week  
Weekly follow up with one week supply of appetite suppressants \$30 weekly*



*...a healthy life, a beautiful life, a vital life!*